## Wellzesta Life

## Technology that Inspires Senior Vitality

## For Seniors

**Inspired.** Set wellness goals, follow your progress and focus on positive health outcomes.

**Engaged.** Interactive platform that engages residents.

**Connected.** Connect with self, peers, community.

**Empowered.** Focus on what you can do, not your limitations.

**Inform** residents about the latest news and research on wellness.

Open. mobile, wireless, and outward facing.

## For Communities

**Preventative Health.** Create a culture of wellness and vitality - the new frontier in preventative medicine.

**Assess.** Perform individualized wellness assessments of residents and benchmark your community's wellness performance.

**Data Driven Insights.** Use real-time feedback from residents for continuous improvement and industry accreditation.

**Empower.** Residents control their independence.

**Go Digital.** Create a digital and connected community that improves efficiency, quality and facilitates accountability.

**Differentiate** your community to increase occupancy and attract future residents.

